

THE TERRY FOX NATIONAL SCHOOL DAY RUN

Students in Grades 4 to 8 will be participating in this year's run on Thursday, September 26th at 11:15 am. We will have Nutrition Break at the regular time of 10:35, and then prepare for the run at 11:15. Please dress in appropriate running clothes and shoes. The run begins at Notre Dame, and follows a 5 km route around the subdivision in this area (Kinross , MacCrae, Braemar, Thistlemoor streets) The route is marked and lined with teachers in vests, students run or walk in groups, and students should carry water bottles.

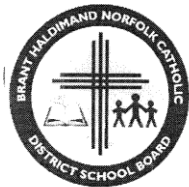
Students are asked to contribute on-line to the Terry Fox Foundation: www.terryfox.ca/NotreDameCESCaledonia. You will see our school Home page, and easy steps to donate, including a tax receipt form. Please return permission forms promptly. Students unable to participate will be supervised back at the school.

Prior to the day of the run, students will be learning about the life and contributions of Terry Fox. They will also do some training for the run in Phys. Ed. classes. This is a great opportunity for students to challenge themselves, practice Cross-Country running, and give to charity.

Thank-you,

Mrs. Robitaille
Notre Dame Co-ordinator





**PARENT CONSENT/PERMISSION FORM FOR EDUCATIONAL
FIELD TRIPS**

(general for students under 18)

**THIS FORM MUST BE READ AND SIGNED BY EVERY STUDENT WHO
WISHES TO PARTICIPATE AND BY A PARENT OR GUARDIAN OF A PARTICIPATING
STUDENT.**

Notre Dame School, of the Brant Haldimand Norfolk Catholic District School Board is arranging a 5 km Terry Fox Run to be held in the neighbourhood just beside the school (see letter for streets).

Date: Thursday, September 26th at 11:15

Location: Braemar Ave, Caledonia

ELEMENTS OF RISK

Educational activity programs such as the above which is being offered, involve certain elements of risk. Accidents may occur while participating in these activities. These accidents may cause injury. By choosing to participate in the activity, you are assuming the risk of an accident occurring.

The chance of an accident occurring can be reduced by carefully following instructions at all times while engaged in the activity.

If you choose to participate in the above activity on the above date, you must understand that you will bear responsibility for any accident that might occur.

The Brant Haldimand Norfolk Catholic District School Board strongly advised that all students participate in the STUDENT ACCIDENT INSURANCE PLAN offered by the Reliable Life Insurance Company and which covers participants for all accidents.

ACKNOWLEDGMENT

☐ WE HAVE READ THE ABOVE. WE UNDERSTAND THAT IN PARTICIPATING IN THE above ACTIVITY, WE ARE ASSUMING THE RISKS ASSOCIATED WITH DOING SO.

Signature of Student: _____
(Optional depending upon age/grade)

Date: _____

Signature of Parent/Guardian: _____

Date: _____

PERMISSION

☐ I give _____ permission to participate in the _____ to be held on or about _____

Signature of parent/guardian: _____

Date: _____

NOTE TO PARENT(S): PLEASE RETURN THIS FORM IN ITS ENTIRETY