

Proactive Strategies

To Support Virtual Students

For Parents/Guardians Working from Home

It can be difficult to balance working from home and supporting your virtual learner. Here are some proactive strategies to help support this balance.

Remember you can also connect with their teacher for support as well.

1 Snack/Lunch Time

Try to prepare snack and lunch items ahead of time (just like you would for in-person learning) so your learner can access everything independently when needed



2 Recess

Set a timer in the home (e.g. computer, microwave, egg timer) that will create an audible noise at the end of recess to help signal your learner when to return back to the virtual classroom independently. If able, your learner can start and stop the timer on their own



3 Organization

Help your learner to keep their working area organized with all items that they will need (e.g. paper, pens, textbooks) so they can access them independently whenever they need them



4 Tip Sheets

Try to create any tip sheets that your learner may need to support their independence. This may include a 'walkthrough' of how to complete a task (e.g. opening a Word file), a sheet of all of their login information or a schedule of their classes



5 Provide Reinforcement

Create motivation for your learner by providing reinforcement. Consider using a token system (check out our past Twitter posts for more information) or a self-monitoring system to reinforce throughout the day (e.g., checkmarks after they have completed a class or task). The exact details of how this will look will depend on your learner

