NOTRE DAME
Catholic School

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February 5, 2020

Dear Parents:

We have experienced head lice at Notre Dame this year. In order to control this problem, we are asking parents to observe the following procedure:

1. **Check your child's hair on a regular basis.**
2. **If head lice is detected, treat with the proper shampoo following the directions given. This is available at the local pharmacy.**
3. **Please notify the school of any occurrence of head lice.**
4. **Upon returning to school, the student should report directly to the Principal's office before returning to his/her classroom.**

Below is some information from the Haldimand-Norfolk Health Department for your reference. If you have any further questions, please do not hesitate to contact us.

How Do We Get Head Lice?
Head lice spreads from person to person through personal contact, exchange of brushes, combs, hats, etc.

What To Look For
Lice are tiny (3mm.) crawling, grayish-white insects which cannot fly or jump, but move very quickly.

Nits, which are the eggs, are firmly attached to the hair shaft close to the scalp, grayish in colour and about half the size of a head of a pin.

Treatment
Use a medicated shampoo, such as Kwellada, RID or NIX which can be obtained from a drug store. Follow exactly the directions in the package. ALL NITS (EGGS) MUST BE REMOVED. Everyone in the family should be checked if one member had head lice. Wash linens and clothing used within the last two days by the infested person.

Children should stay at home until all the nits (eggs) are removed.

The control of head lice requires a co-operative effort of parents, school personnel and health professionals.

Mrs. Mary Leonard
Principal