



March 2024 School Newsletter

Principal's Message

LENTEN SEASON

Christ has died, Christ has risen, Christ will come again

The season of Lent began on Ash Wednesday. We have an opportunity to grow in holiness by embracing the three traditional pillars:

- Prayer
- Fasting
- Almsgiving

Embracing these 3 pillars is a means of spiritual transformation during Lent. We can also attend Mass and make the effort to celebrate the Sacrament of Penance. On Saturday, March 16th this sacrament will be offered in our parish from 10:00am to 2:00pm. Spiritual reading during the period of Lent is always beneficial as well.

This Lenten season the school is not collecting items for the Caledonia & District Food Bank, but perhaps part of your personal Almsgiving you would consider donating items for those less fortunate during this special time of year. Cereals, pasta, toiletries, personal hygiene items, and infant products (formula, diapers) are always needed.

Please join me in prayer:

Lord, I know my sins have been many, and I am sorry for having offended you. During this season of Lent, I offer you my daily sacrifices as a way to show you the sorrow I have for my sins and my love for you. I pray for your grace, that I may draw closer to you each day so that I may celebrate Easter on March 31st in peace and joy.

God Bless,

Mary Leonard, Principal

Notre Dame Catholic School

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(905) 765-0649

Website: www.notredamecaledonia.ca

Twitter: @ndcaledonia

ZONE 2

Principal: M. Leonard

Secretary: C. Woods, L. Frenza

BELL TIMES

8:55am: School Begins

10:35-11:15am:

1st Nutrition Break

12:55-1:35pm:

2nd Nutrition Break

3:15pm: School Dismissal



2024-25 Budget Consultation Survey



Scott Keys
Superintendent of Business



The Board is inviting members of the public to participate in an online survey as part of the annual budget planning process. Students, parents/guardians, staff and other stakeholders are encouraged to provide their feedback through a short survey to help the Board of Trustees to identify priorities for the efficient, effective, and equitable use of board resources in 2024-2025.

The survey is open until Friday, March 8, 2024 at 4:00 p.m. and can be accessed via the following link:

[2024-25 Budget Consultation Survey](#)

Use the Link

WE WANT TO
HEAR FROM YOU

Your
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Matters



Assumption
College School

257 Shellard Lane
Brantford, ON
N3T 0M7

"Footloose!" the musical, is presented February 29th, March 1st and March 2nd at Assumption College School. Come warm your heart with the story of a town downtrodden by grief and fear where music and dancing and forgiveness prevail!

Tickets are \$20 for adults and \$15 for students/seniors. It is strongly recommended to purchase your tickets in advance by scanning the QR code or clicking the link!

[FOOTLOOSE: The Musical Tickets in Brantford, ON, Canada \(ticketleap.com\)](#)

Please visit www.assumptionlions.com for more information on how to choose your own seats etc.



Footloose the musical
PRESENTED BY ASSUMPTION COLLEGE SCHOOL
FOOTLOOSE is presented by arrangement with Concord Theatricals www.concordtheatricals.com

FEB 29, MAR 1, MAR 2, 2024

Stage Adaptation by DEAN PITCHFORD and WALTER BOBBIE

Based on the Original Screenplay by DEAN PITCHFORD

Music by TOM SNOW Lyrics by DEAN PITCHFORD

Additional Music by ERIC CARMEN, SAMMY HAGAR, KENNY LOGGINS and JIM STEINMAN

TICKET PRICES: \$20 ADULTS AND \$15 STUDENTS/SENIORS visit assumptionlions.com



BRANT HALDIMAND NORFOLK
Catholic District School Board



REACH AHEAD, SUMMER SCHOOL GR. 7 & 8



REACH AHEAD SUMMER SCHOOL GR. 7 & 8

Brant Haldimand Norfolk Catholic District School Board is committed to the delivery of a successful Summer School Reach Ahead Program. Reach Ahead is a credit bearing opportunity open to all BHNCD SB Gr. 7 and 8 students during the month of July 2024. Reach ahead will run from July 2 – 26, 2024. All Tech Reach Ahead programs will run in person at either Assumption College School or Holy Trinity Catholic High School. All other Reach Ahead will run through eLearning. Daily attendance is required for all Reach Ahead.

BHNCD SB Continuing Education welcomes all interested BHNCD SB elementary school learners from **grades 7-8** to register for a reach ahead opportunity.

All non-board, non-pre-registered students may apply to the waitlist to be considered for an in person reach ahead tech course. Students considered from the waitlist will be notified prior to the beginning of the course.

Please use the following links to apply:

Current BHNCD SB Students	Non feeder Pre-Registered BHNCD SB Students	Out of Board Grade 7 & 8 Students WAITLIST
		

Quick Information for Gr. 7 & 8 Reach Ahead Credits

- Earn a credit before high school
- 19 days of instruction
- Each credit fulfils a compulsory graduation requirement
- Summer School will take place from July 2 – 26, 2024
- Daily attendance is required

Gr.7 and 8 Reach Ahead

Available Reach Ahead Credits include;

- Hospitality and Tourism -TFJ10 *in person learning at either ACS or HT*
- Hairstyling and Aesthetics - TXJ10 *in person learning at either ACS or HT*
- Construction Technology -TCJ10 *in person learning at either ACS or HT*
- Introduction to Business – BTT10 eLearning
- Personal Fitness – PAF10 eLearning
- Visual Arts – AWL10 eLearning
- Learning Strategies, skills for success in secondary school - GLS10 eLearning

For more information, please visit www.stmaryclc.ca.

Registration available through [My Blueprint](#) (located in Brightspace) for BHNCDsb students.

Registration Deadline June 19, 2024

For any questions regarding Summer School, please contact summerschool@bhncdsb.ca

Dear Families,

Our library is currently in need of more books that align with our students' wants! If you have any of the following types of books at home that your children have finished using, please consider donating them to us here at Notre Dame School.

- | | |
|--|--|
| • Ripley's Believe-it-or-Not / Fun facts | • Ghost stories / mysterious creatures |
| • World record books | • Knitting / crochet guides |
| • Joke books | • Hockey teams / players |
| • Pet care / animals | • Video game tips and tricks |
| • Trucks / farm machines / vehicles | |

Please consider the condition and age of materials before bringing books in. Know that we may not be able to use every item donated in our library but will offer them to Notre Dame School classroom teachers and other BHNCDsb libraries.

Email me at sdavies@bhncdsb.ca if you have a large quantity of books to donate or have other books you think we could use.

Please have any book donations in by **March 29, 2024.**

Thanking you in advance for your help in strengthening our school library this year!

Sincerely,

Mrs. Davies, Librarian



40 DAYS OF LENT



L

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N

T



Start on Ash Wednesday and enjoy
40 days of ideas during Lent!



1

Help a friend or
family member

2

Hold the door
for someone

3

Smile at a
stranger

4

Sing a joyful
song

5

Pray for
kindness

6

Give someone a
compliment

7

Gather toys or
clothes for
donation

8

Make a list of
things you are
grateful for

9

Make a treat
to share

10

Draw a picture
about Lent

11

Read a bible
verse

12

Pray for
someone
special

13

Tidy up your
room

14

Say something
kind to
someone

15

Read a bible
verse

16

Tell someone why
you appreciate
them

17

Make no
complaints
today

18

Draw a picture
of Jesus

19

Pray for those
that need help

20

Forgive
someone

21

Pick up litter

22

Say thank you
to someone
special

23

Start a new
book

24

Read a bible
verse

25

Help with
chores

26

Pray for the
homeless

27

Set the table

28

Ask a question
about Lent

29

Make a card
for someone

30

Read a bible
verse

31

Offer to help in
the kitchen

32

Ask someone
how they are
today

33

Pray for
someone sick

34

Offer your help
to someone in
need

35

Give up candy
for a day

36

Give someone
special a hug

37

Tell a family
member you
love them

38

Read a bible
verse

39

Play a game
with family

40

Pray with
family today



St. Patrick's Catholic Church

107 Orkney Street East,
Caledonia, ON N3W 1C5

Sacrament of First Reconciliation

Thursday, March 7, 2024

6:00pm

St. Patrick's Church

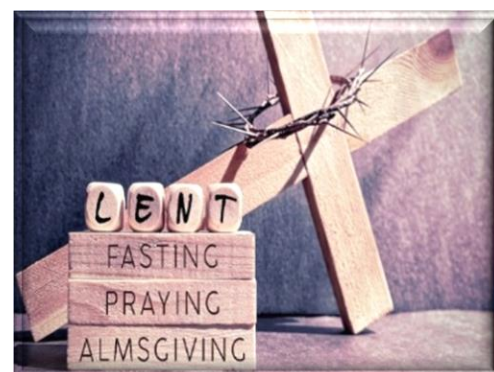


Sacrament of First Holy Communion

Sunday, April 7, 2024

1:00pm

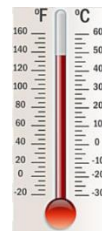
St. Patrick's Church





Pepperoni Pizza slices can be purchased on School Cash Online for the month of April starting March 1st.

Deadline to order is March 21st



When your child is ill with a **fever**, please keep him/her at home until they are **24 hours symptom free**. If your child experiences **vomiting/diarrhea**, please keep him/her at home until they are **48 hours symptom free**. Thank you for helping to stop the spread of germs to maintain a healthy school.



Milk is distributed each week of the month on Tues/Wed/Thurs.

Milk can be purchased on School Cash Online for April starting March 1st.

The deadline is March 21st



Subway lunch is available to students twice a month.

Due to restaurant remodeling in April, April Subway Days have not been determined at this time.

School Cash Online will be accepting orders for April soon.

School Parking Lot Safety Reminders

We have many systems in place for our student's safety in the parking lot: one-way traffic flow lot; street parking **ONLY** for drop off/pick up at 8:55am/3:15pm; Kiss & Drop Off protocol; staff supervision starting at 8:40am/2:50pm. Parents are asked to ensure everyone's safety by abiding/using the measures in place daily. Thank you.



From Farm to Table CANADA Popcorn

School Cash Online is accepting orders for **April & May** distribution starting February 26 to March 17

Deadline to order is March 17th at midnight

2024

April 8th Total Solar Eclipse

PA DAY CHANGE NOTICE

APRIL						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2		

IN THE SPOTLIGHT





Head Lice

Prevention & Treatment

IMPORTANT Reminder to Parents:

Ensure regular inspections at home are performed for head lice and nits, and that once pediculosis is discovered, the proper treatment program is followed and repeated, as necessary.

What you should know about head lice

Lice, like ants at a picnic, are a part of nature. We dislike them and don't want them in our hair or in our home.

Lice have three stages – the egg (nit), the nymph and the adult.

- Nits are whitish-grey or tan and approximately the size of a grain of sand. Head lice lay their eggs on the hair shaft very close to the scalp with a waterproof "glue." This **makes it difficult to wash them off or brush them out like dandruff.**
- Nymphs are baby lice. They look like adult lice but smaller.
- Adult lice are approximately the size of a sesame seed. They have six legs and are usually tan, grayish white or brown in colour. Lice **move quickly and can be difficult to see.**



Lice do not jump, fly, swim, or live on pets such as cats and dogs.

Lice are a nuisance but are not a health concern. They do not cause illness or disease.

The good news is that lice can be managed...and removed. There are ways and treatment options and steps you can take to stop lice from spreading.

Treating Head Lice

Lice shampoo products have been shown to be **the most effective method for getting rid of head lice.** Before using any head lice shampoo product, read the product inserts and carefully follow the instructions on the package. In some cases, multiple applications may be required to completely remove the lice.

Lice can't live longer than approximately 24 hours on non-human surfaces like carpets, **hardwood floors, clothing, and furniture.** **However, if you have identified lice in your home, isolate and wash those items and areas within at least 72 hours.**

How do I know if my child has lice?

- tickling or itchy feeling on the head
- feeling something moving in the hair
- frequent scratching of the head

In very bright light, look for lice and nits (lice eggs):

- close to the scalp
- around the ears
- near the forehead
- near the base of the neck

Live lice can be seen moving in the hair close to the scalp. Nits (lice eggs) can be seen close to the scalp attaching to the hairstand.

NOTE: Unlike dandruff, nits don't easily move and need to be removed using a comb or your fingernail.

How to prevent lice from spreading

To prevent getting head lice, avoid direct hair-to-hair contact with others and wear long hair tied up.

Do **NOT** share personal items such as:

- brushes and combs
- hair bands, ties, and elastics
- headphones
- hats or helmets
- scarves or towels

If someone in your home is found to have head lice, check all other family members for lice as well.

2024 MARCH



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

2024-25 Budget Consultation Survey ~
Deadline: Friday, March 8th at 4:00pm

1

Pizza

2

3

4

5

Milk

6

Milk
Popcorn

7

Milk
1st Reconciliation
St. Patrick's 6pm

8

Pizza

9

10

11

12

13

14

15

16

MARCH BREAK

17

Happy
St. Patrick's
Day

18

19

Milk

20

Milk
Popcorn

21

Milk

22

Pizza

23

24

25

26

Milk

27

Milk
Popcorn

28

Milk

29

Good
Friday

30

31

EASTER

UPCOMING IMPORTANT DATES:

- April 1 Easter Monday (No School)
- April 7 Grade 2 First Communion ~ St. Patrick's Church 1pm
- April 8 PA Day
- April 9 HN Volleyball Tournament at Holy Trinity
- April 17 Grade 8 Grad Photos
- April 25 Grade 7 Vaccinations (2nd Dose)
- May 9 Talent Show
- May 20 Victoria Day (No School)
- June 3 PA Day
- June 6 HN Track & Field Meet at Holy Trinity
- June 14 to 17 Grade 8 Camp Celtic Year End Trip
- June 19 Grade 8 Graduation Ceremony
- June 24 Term 2 Reports Sent Home Digitally
- June 27 Last Day of School

