

# November 2023 School Newsletter

#### Principal's Message

#### **Remembrance Day**

Take time

Time to pray, time to play, time to laugh, time to sing

Time to remember

Time to rebuild, time to restore, time to renew together

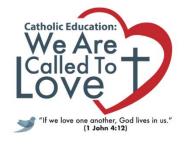
**November 11th** marks the day when we are given reason to pause and reflect upon the sacrifices made in the name of freedom. Freedom that we take for granted.

Please take the time and explain the importance of this day to your children. We at Notre Dame will take this opportunity to talk about the significance of this day. However, it falls to you as parents and guardians to help keep the memory of those who died, and the reason why they died, alive in the minds of the children of today. The peace and freedom we enjoy today came at the expense of many lives lost. On November 11<sup>th</sup> please remember to stop and take *time to remember*.

We thank you for your continued support of our teachers who are working hard with your children. We also appreciate your support around the school with the current parking lot protocol. Our priority is the safety and well-being of our students and we are grateful for your support. We thank you for your contributions toward our school initiatives: Socktober (October), Fighting Hunger 1 Day at a Time (November) & Tree of Warmth (December). These donations will help those in need through the Caledonia & District Food Bank.

God Bless,

Mary Leonard, Principal



#### **Notre Dame Catholic School**

35 Braemar Avenue

Caledonia, ON N3W 2M5

(905) 765-0649

Website: www.notredamecaledonia.ca

Twitter: @ndcaledonia

**ZONE 2** 

Principal: M. Leonard

Secretary: C. Woods, L. Frenza

#### **BFIL TIMES**

8:55am: School Begins

10:35-11:15am:

1<sup>st</sup> Nutrition Break

12:55-1:35pm:

2<sup>nd</sup> Nutrition Break

**3:15pm**: School Dismissal



Second Nutrition Break

3:15 pm School Dismissal

Please note staff are NOT on duty until 8:40 am.

\*Staff will be on duty to receive students off the bus. \*Upon dismissal at the end of the day ALL <u>walkers</u> must leave school premises promptly.

#### **Important Dates in November**

- Nov 1<sup>st</sup>: Begin Booking Appointments for P/T Interviews
- Nov 4<sup>th</sup>: Grade 8 Confirmation at St. Patrick's Church
- Nov 6<sup>th</sup>: Photo Re-Takes
- Nov 6<sup>th</sup>: Progress Reports sent electronically to parents/guardians
- Nov 10<sup>th</sup>: Remembrance Day Service at 11:30am
- Nov 16<sup>th</sup>: P/T Interviews 4 7pm
- Nov 17<sup>th</sup>: PA Day
- Nov 17<sup>th</sup>: P/T Interviews 9am-12pm

#### Notify the Office

Please advise the office of any changes to your contact information.

#### **IMPORTAN**

All students (JK to Gr 8) should have a change of clothes at school for any emergencies. We do not want to bother parents during the workday if it can be helped.

#### S.A.C. News

The next meeting is scheduled virtually for Tuesday, Nov 28<sup>th</sup> from 6:30 to 7:30pm.
All are welcomed and encouraged to attend.

**November 2023 Newsletter** 

Subscribe to the School Website:

notredamecaledonia.ca

Subscribe to the Transportation Website to Receive the Latest Bus Updates:

www.transinfobhn.ca www.stsbhn.ca

#### Visitors/Volunteers:

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Parents/Guardians must sign in at the office. Thank you.

#### **SPIRIT WEAR Items Available!**

https://notredame.talbotstore.com/en/cad

This link will be active until 12pm on November 17, 2023

#### **ALL orders are FINAL**

Please review the <u>sizing chart</u> on the website to ensure proper sizing is chosen.

Orders are scheduled to arrive at the school the week of December 18th.

# S.A.C. Festive Christmas Qunch

December 19th at 1:00pm

\*\*\*\*\*

Lunch will include turkey, mashed potatoes, stuffing, corn, and gravy. Lunch will be served to students in the gym.

\*\*\*\*\*

The cost for lunch is \$8.00
Payments through School Cash Online
(offer expires Dec.11<sup>th</sup>)

Students who prefer not to receive turkey lunch can bring their own lunch to enjoy with their class in the gym at 1:00pm.



The School's First Fundraiser of the Year

We thank you for your continued support throughout the years. **Fresh from the Farm** has been a popular fundraiser supporting our school initiatives as well as the local farmers!

Families can pick up their orders during P/T interviews on either November 16<sup>th</sup> or 17<sup>th</sup>.



#### S.A.C. Fall Fundraiser

# MacMillan's Gourmet Frozen Foods

MacMillan's has been operating as a family business for over 35 years in Acton.

MacMillan's is committed to offering the highest quality products at fair prices and the selection offered for our fundraiser includes desserts, scoop and bake cookie dough and muffin batter, frozen entertaining treats, and soups.

Perfect for the upcoming holiday season!

Thank you for supporting S.A.C.'s initiatives this year. The committee depends on fundraisers like this to help reach their goals with big purchases like the replacement of the school's outdoor playground equipment, and smaller purchases like supporting the teachers/students with various classroom supplies, etc.

**Start Date:** November 1st at 9:00am

Deadline: November 23rd

Online Orders can be placed at: www.macmillansfundraising.online (or macmillans.ca)

#### **Steps to Online Ordering:**

- 1. Access the website and select shop all products now
- 2. Select items
- 3. Proceed to checkout
- 4. Select our school from the drop-down menu at checkout
- 5. Fill in all the required fields pertaining to customer and payment information AND STUDENT NAME + TEACHER NAME

**Note:** Orders will be packed per student (as long as noted at checkout) and delivered to the school some time between the dates of December 13 to 15. Order pickup details (confirmed date/time) will be shared with families once confirmed.



# These Walls Can Sing

# An Art Show Presentation by BHN Arts at Lynwood Hall in Simcoe

The following Notre Dame students will display their creations at the exhibit:

Alyssa S., Grade 6 ~ FROZEN IN FROBISHER BAY by James Gordon

Charlotte B, Grade 7 ~ UNDER THE STORMY SKY by Daniel Lanois

Emily B, Grade 7 ~ SONG FOR A WINTER'S NIGHT by Gordon Lightfoot

**Opening Night: November 23rd** 

Wishing our Knights the best of luck. They make us proud!







Pepperoni Pizza slices can be purchased on School Cash Online for the month of December starting November 1<sup>st</sup>.

Deadline to order is November 23rd



Milk is distributed each week of the month on Tues/Wed/Thurs.
Milk can be purchased on School Cash Online for December starting November 1st

The deadline is November 23<sup>rd</sup>



Subway lunch is available to students twice a month.

In December, Subway Days have been scheduled on **December 5**<sup>th</sup> & **12**<sup>th</sup> School Cash Online is accepting orders for December starting November **1**<sup>st</sup>.

Deadline to order is November 23rd



#### SAC Hot Dog Day November 28<sup>th</sup>

School Cash Online is accepting orders starting November 1<sup>st</sup>.

Deadline to order is November 23<sup>rd</sup>



# In the Spotlight

Congratulations to our Knights & the Coaches (Mme Turcotte & Mme Alvarado) who worked hard, braved the elements, and made us proud at this year's HN Cross Country Meet on October 26<sup>th</sup>.

#### JR Boys/Girls:

Lyla	Jackson B.	Addison
Mason	Madison	Nolan
Kyla	Claire	Samantha
Lily	Damien	Mackenle
Ruby	Clark	Gunnar
Olivia	Ivan	Isabella
Chloe	Isra'el	Jack
Veronique	Grayson	Alieda
Nevaeh	Sammy	Juan
Wynn	Jackson T.	Maelle

#### SR Boys/Girls:

Emily	Lily	Liliana
Rocco	Sophie	Porscha
Julian	Elora	Neven
Evan	Nathan	Jace

# The Cross Country Team brought home the 3<sup>rd</sup> Place Banner!

#### **Special Mentions:**

- Jackson B. placed 1<sup>st</sup> for Gr 4 boys
- Lily K. placed 2<sup>nd</sup> for Gr 4 girls
- Alieda S. placed 2<sup>nd</sup> for Gr 5/6 girls
- Elora T. placed 3<sup>rd</sup> for Gr 7/8 girls



HALDIMAND AND NORFOLK HEALTH AND SOCIAL SERVICES

# VISION SCREENING

#### WHY?

- · Approximately 1 in 4 school age children may have vision problems
- · Children need healthy eyes to learn, read and stay safe
- Vision screenings are mandatory for students in Senior Kindergarten (SK) under the Ontario Public Health Standards

#### WHO?

- All SK students will receive vision screening
- Vision screenings are conducted by trained Lions Club volunteers

IMPORTANT: If you wish to opt out of vision screening for your child please go to www.hnhu.org/school-screening or call 519-426-6170 ext. 3285 no later than

#### December 4, 2023

#### WHAT?

- Vision screening consists of three easy eye tests to identify risk factors for eye disorders such as:
  - Lazy eye
  - Eve turn
  - · Nearsightedness and farsightedness
- The vision screening takes about 15 minutes to complete
- · Your child will bring home a letter with their results in their backpack
- This vision screening does not replace your child's regular checkup with your eye doctor or family doctor. Your child should still receive a full eye exam by an eye doctor. Children can receive a yearly eye exam, free of charge until the age of 19.

#### WHERE?

- · Vision screening will take place at your child's school during school hours
- · Alternatively, you may take your child to an eye doctor for a free eye exam

If you have any concerns with your child's eye health, please contact your eye doctor or family doctor. You do not have to wait for the school screening visit. If you do not have an eye doctor, please visit findanevedoctor, a to find one near you.

# FEL OT SP

SK

**Students** 

Only

#### **Vision Screening Study**

Researchers from the University of Waterloo, School of Optometry and Vision Science are looking nto parent/guardian follow up to vision screening recommendations. Participation is completely voluntary and is independent from the vision screening program offered. If you are interested in learning more about the study or to participate, please scan the QR code displayed.



Revised September 2023

# HALDIMAND AND NORFOLK HEALTH AND SOCIAL SERVICES DENTALSCREENING





The Dental Program from the Haldimand Norfolk Health Unit will be coming to your child's school for dental screening.

#### WHO?

- . JK, SK, 2, 7 and some selected students in other grades
- If your child is not in one of the grades listed above but you want them to be screened, please click on this link <a href="https://hnhu.org/school-screening/">https://hnhu.org/school-screening/</a> or call the Health Unit, Dental Program Ext. 3293.

#### WHAT?

- The screening is a quick look in the mouth. It is done by a Registered Dental Hygienist. A separate sterilized dental mirror is used for each child.
- If your child has cavities or would benefit from other dental services, a letter will be sent home in their backpack.
- Your child may be screened again at a later date. This is part of the dental screening follow-up process.
- Our school screenings DO NOT replace visits with your family dentist.
- If you are worried about your child's mouth you do not need to wait for the school visit please contact the Health Unit, Dental Program Ext. 3293.

#### WHY?

- To find children who need to see a dentist.
- To offer support for children who cannot afford dental services.
- To link families with other Public Health Services.
- This is a mandatory program under the Health Protection and Promotion Act, Section 7

### ALL Students

#### **IMPORTANT:**

Please contact us if you do not want your child to participate in dental screening by clicking on this link

https://hnhu.org/schoolscreening/ to opt out or by phone at 519-426-6170 ext. 3293 no later than

December 4, 2023

#### **ATTENTION PARENTS/GUARDIANS**

# Dress for the Weather

The cold weather is coming. Ensure your child(ren) are prepared for outdoor free time. Send them to school with a winter coat, snow pants, boots, hat, mittens, scarf, indoor shoes, etc.

EVERY child should have a change of clothes at school.

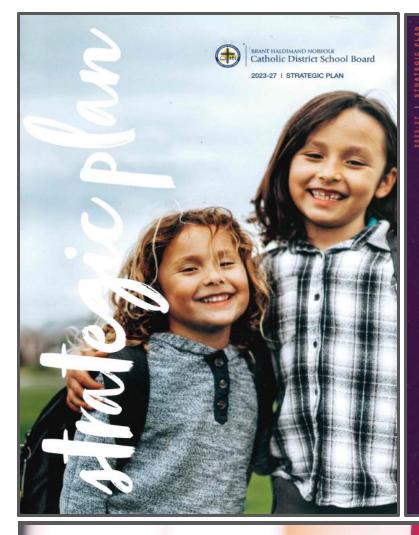


#### **PROGRESS REPORTS:**

Progress reports will be sent digitally by email on Monday, Nov. 6<sup>th</sup>. Please ensure the school has been updated of any email address change.

This is a great opportunity to review the report with your child. A perfect time to have a conversation with your child about their current progress before speaking to their teacher about their report.

Parent/Teacher interviews will be held in person this year on Nov. 16<sup>th</sup> and Nov. 17<sup>th</sup> using an online Booking tool. A 'How To' information sheet will be shared with parents. \*The link to teacher calendars will be made available to parents on Nov. 1<sup>st</sup>. Watch your email for the shared link.



Our Vision

Our faith-based communities inspire life-long

#### Our Motto

Excellence in Learning - Living in Christ.

#### Our Values

We cultivate healthy, respectful, faith-filled environments for all by:

- · nurturing ongoing faith formation and personal relationships with Jesus to develop a Catholic worldview.
- · recognizing the possibility within personalization and precision.
- · advocating through a Catholic lens and ensuring everyone feels supported, seen, and heard.

We build support for all by:

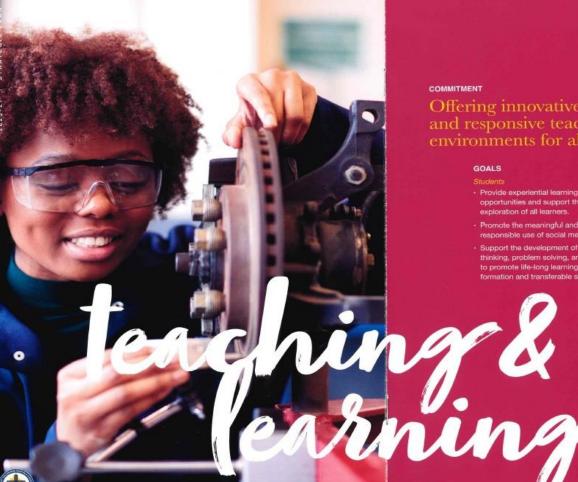
- · engaging active partnerships with all including students, staff, families,
- · working in solidarity with partners to build strong, authentic, resilient communities that support all individuals.
- · building a culture of collaboration and connectedness through relationships

We inspire and nurture all by:

- · pursuing innovative and evidence-based practices in teaching, learning, and faith
- developing learners as local and global citizens who embrace their responsibility for the wellbeing of our common home.
- · recognizing the possibility within all learners and responding with personalization and precision.

We reach all by:

- through our faith, advocating for equity, inclusion, and social justice.
- · honouring the voices of staff and students
- through acknowledgement, response, and action.
- recognizing the importance of our integrated experience in the promotion of prioritizing wellbeing.





#### COMMITMENT

Offering innovative, collaborative, and responsive teaching and learning

#### GOALS

- opportunities and support the exploration of all learners.
- responsible use of social media.
- · Support the development of critical to promote life-long learning, faith formation and transferable skills.

- Allow for academic, social, and emotional learning for all students
- Welcome the use of innovative, integrated technology as a teaching

- Connect community partners and support agencies with students and
- community support agencies as
- Provide opportunities for community partners to be included in student and



# November 2023

	Sunday	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		ection: Fighting Hu details on followinរុ	•	1 Milk Popcorn	2 Milk	3 Pizza	4 Gr 8 Confirmation 11am St. Patrick's Church
	5	Photo Re-Takes Progress Reports Sent Electronically	<b>7</b> Milk Subway Day	8 Milk Popcorn	<b>q</b> Milk	Pizza Remembrance Day Service at 11:30am	11 Remembrance Day
	12	13	14 Milk	<b>15</b> Milk Popcorn	<b>16</b> Milk P/T Interviews 4pm to 7pm	PA Day P/T Interviews 9am-12 Spirit Wear pop-up store closes at 12pm	?pm
	19 Bullying Awarend Week ~ Nov 19 to		<b>21</b> Milk Subway Day	<b>22</b> Milk Popcorn	23 Milk	<b>24</b> Pizza	25
	26	27	28 Milk SAC Mtg Virtual 6:30pm	29 Milk Popcorn	30 Milk		
			N. C.				

#### **UPCOMING IMPORTANT DATES:**

Ceremony

December 11 & 12 Dental & Vision Screening

December 19 SAC Festive Christmas Lunch

December 23 to Jan 7 Christmas Break

Kindergarten Registration Opens

ACS Open House for Grade 9

January 22 PA Day

January 1

January (Date TBD)

February 5 Term 1 Report Cards

March 11 to 15 March Break

# Grade 3 Results:

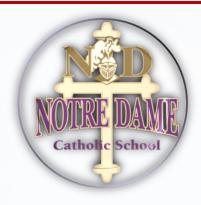
E.Q.A.O. School Results ~ Spring 2023

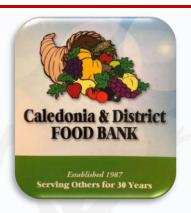
Reading 75%
Writing 62.5%
Math 62.5%

#### **Grade 6 Results:**

Reading 96% Writing 88% Math 68%







As Catholics, we are called to help those in need.

We are excited to support the Caledonia & District Food Bank in

November & December

\*FIGHTING HUNGER 1 DAY AT A TIME (occurring in November) will aim to provide support for those less fortunate than us. Each day in November a different food or personal care item can be donated at the school (see the list below). All donations will be delivered in early December. Thank you for your ongoing support!

\*TREE OF WARMTH (occurring in **December**) will aim to collect hats, scarves, and mittens. Our Tree of Warmth will be set up in the foyer for your contributions beginning **December 1**<sup>st</sup>.

Thank you for your efforts in helping to bring warmth and comfort to those less fortunate this year.

## Fighting Hunger 1 Day at a Time

November 1	Box of Cereal	November 16	Shampoo
November 2	Peanut Butter	November 20	Canned Peas
November 3	Cake Mix	November 21	Box of Crackers
November 6	Macaroni & Cheese	November 22	Package of Rice
November 7	Canned Beans	November 23	Peanut Butter
November 8	Canned Fruit	November 24	Package of Pasta
November 9	Canned Veggies	November 27	Spaghetti Sauce
November 10	Canned Tuna	November 28	Shampoo
November 13	Oatmeal	November 29	Soup
November 14	Jar of Applesauce	November 30	Toothpaste
November 15	Canned Potatoes		

# Information for Parents/Guardians about Bullying Awareness and Prevention Week November 19 to 25, 2023



Ontario schools should be places where students, staff, parents/guardians and the community feel welcome. Providing a safe learning environment is critical to ensuring student success.

All bullying and cyberbullying in every form, is considered a serious issue that can affect students' learning, sense of safety and overall well-being.

#### **Bullying Prevention and Awareness Week**

Ontario has designated the week of November 19 to 25 as Bullying Awareness and Prevention Week. This week is dedicated to promoting safer schools and positive learning environments.

During Bullying Awareness and Prevention Week, students, staff, and parents/guardians are encouraged to learn more about bullying and cyberbullying. In addition to understanding how bullying impacts student learning and well-being, there will be opportunities to learn about preventing bullying.

#### What is Cyberbullying?

Bullying by electronic means or cyberbullying can take many forms, such as using email, text messages, apps or through social media. It can also include:

- Sending hurtful and sometimes threatening emails, pictures, or text messages.
- Spreading gossip, secrets or rumours about another person that will damage that person's reputation, sense of safety and well-being.
- Hacking into an email account or creating an anonymous account and sending/posting hurtful materials to others under an assumed identity.
- Creating polling websites where visitors are asked to rate individuals' attributes in a negative manner.
- Taking embarrassing photo of someone and sharing it with others.
- Hacking someone's online profile to impersonate them or posting sexual, racist, and other content that may be offensive.
- Deliberately excluding others from or in gaming sessions, group chats or social media accounts

#### I BELONG ... CAN I PLAY?

Michael Jacques, the author of I Belong... Can I Play? has been invited to speak to our students from Grades 1 to 8.

Michael's book will be shared with the students helping them better understand his message and the importance of inclusion.

Michael is a person living with AUTISM. To acknowledge this important week, Michael will visit the school on November 14<sup>th</sup> to share his life story. He will discuss how it felt growing up for a person with autism, including the various ways he managed to overcome many challenges over the years.